

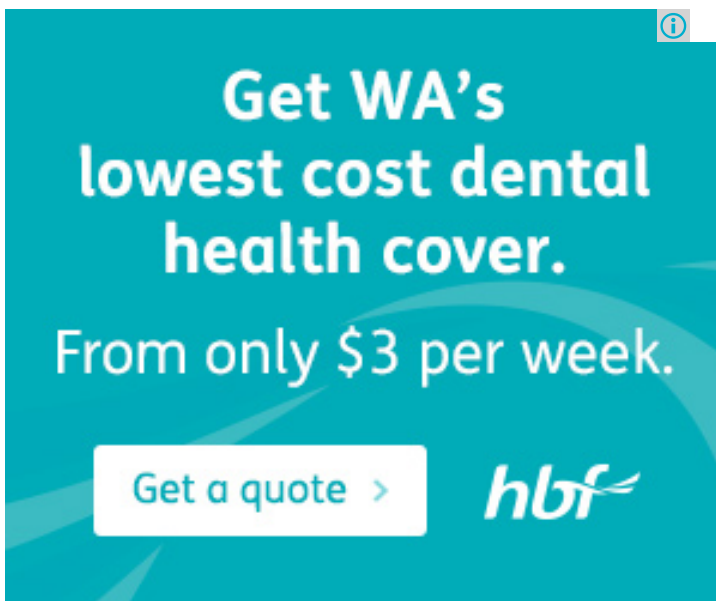
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📍 Massachusetts Ave, Cambridge, MA, USA

# Cancer factsheet

## Top 6 Home Remedies For Asperger's Syndrome You Should Know

📅 July 1, 2015



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Asperger's syndrome is a form of **autism** and results in the patient not understanding some social norms. The patients are not retarded but are intelligent and some being above the intelligence quotient.

### TOP FEATURED POSTS



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People suffering from this have problems in carrying out social communication as they cannot make out the actions and emotions of the other person. They are **unable to progress in social interaction as they hesitate** and don't know how to react and respond to others. The last area where they lack is in social imagination, as in they would not know the meaning of a joke, or how to come up with topics for conversation. We bring you some home remedies to overcome this.

## Home Remedies For Asperger's Syndrome

### Chamomile

Chamomile is well known for its **soothing properties against Asperger's Syndrome**. It comes handy in treating irritable and stubborn children who have a difficulty in trying to remain calm.

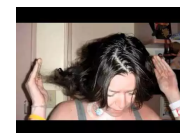
The nerve relaxing properties of chamomile **help in soothing the mood and relieving anxiety attacks** in these patients.

### Gluten Free Food

Gluten and Casein a chemical found in the milk of cow has been proven to aggravate the condition in children suffering from Asperger's syndrome. Serving them gluten free products **helps in controlling the aggression in these patients**.

### Whole Grain Food

caregiving story! Read Tamara's story about how she found her calling through Continue Reading →



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Children suffering from **Asperger's syndrome** should be kept away from junk food and instead given organic and whole grain food. This will help them in their mental, and overall good development of all their bodily parts.

Also junk food is known to be very high on sugar, which again causes bouts of anxiety and **increases hyperactivity in these patients.**

### Essential Oils

Essential oils especially lavender, is known to have a soothing effect for Asperger's Syndrome. Use it especially when the suffering child goes into bouts of panic attacks. **Rubbing the oil on the soles of their feet or palms and wrists** helps them to relieve tension and anxiety.

### Occupational Therapy At Home

with lupus stay on top of her health: Keep up with check-ups. "Generally, a person with Continue Reading →



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### Have Kidney Disease

More than 26 million American adults are living with kidney disease. Most don't know it -- Over 90 percent of people with signs of kidney disease are unaware of Continue Reading →



### 8 Allergy Mistakes

### You Don't Want to Make

1 / 9 When allergy season hits, say hello to congestion, itchy eyes, sneezing, cough, and sinus pain and pressure. Anyone who suffers from seasonal allergies knows they can make you

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### 8 Foods That

### Fight Depression Everyone Should Know

1 / 9 Good-Mood Foods to Try A number of lifestyle factors can contribute to depression,



The best home based therapy that can be given to patients suffering from Asperger's syndrome is the **support of their parents** and loved ones. Because these patients are slow learners, and the stress of not able to catch up with the rest of the crowd can cause severe **anxiety** leading to withdrawal and irritation in them. The best people to understand their status are their parents and with the help of home based therapies can help these patients to be calmer. **Being slow** helps a lot, teaching the children and patients slowly about all the processes helps them to build the required confidence. These patients have a problem in finishing their daily chores and any changes to them can cause them to freak out. The **parents can best quell this fear and help them.**

Aperger's syndrome has no proven chemical or drug treatment to cure it from the root. The diagnosis can take a little time as it's a form of autism but not that severe as autism. The best way to help these patients cope up with the real world is the support from their loved ones.



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but one that's often overlooked is what you put in your mouth. "Diet plays a huge Continue Reading →



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## 25 Real

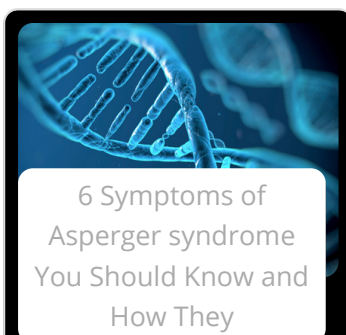
### Symptoms of Fibromyalgia That Aren't Just In Your Head

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## 10 Products That Ease the

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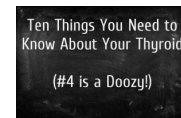
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